

# WHAT TO BRING ON ADMISSION DAY

## IMPORTANT DOCUMENTS

1. Copies of Power of Attorney for Health Care, Power of Attorney for Property, Living Will, Surrogacy and Guardianship papers  
If a resident has advanced directives in place, the facility must have a copy of the document for the medical record at the time of admission. The policy of this facility is: *a resident will be treated as full code*; life sustaining measures will be used, if advance directives are not in place.
2. Medicare card, social security card, health insurance card, Medicare supplemental insurance card
3. Copy of long term care insurance policy (if applicable)

## WHAT TO BRING FOR RESIDENT NEEDS

All clothing must be marked on an inside seam or tag **prior** to resident's admission. Bring a laundry basket or bag for soiled laundry.

*The quantities listed are suggested amounts only:*

- ◆ 7-10 Pairs of underwear
- ◆ 5-7 Bras/undershirts
- ◆ 3-4 Pairs of pajamas or night gowns & Bathrobe
- ◆ 1-2 Pairs of slippers (non slip bottoms please)
- ◆ 7-10 Pairs socks/panty hose
- ◆ 7-10 Pairs of pants
- ◆ 7-10 Shirts/blouses
- ◆ 7-10 Dresses (if preferred to pants outfits)
- ◆ 2-3 Sweaters
- ◆ 3-4 Sweat shirts or sweat suits
- ◆ 2-3 Belts, pairs of suspenders
- ◆ 2-3 Pairs of shoes (washable, non slip bottoms please)
- ◆ 1 Winter coat (hat, scarf, gloves) & 1 light weight jacket

\*Towels and linens are provided and laundered by the facility.

\*Incontinence pads are provided by responsible party or family.

\*Pillows provided by the facility or if you prefer bring your own from home.

\*Rooms are furnished with a regular single bed, a 3 drawer night stand, a 3 drawer dresser, and a high back chair. You may bring your own favorite pieces if preferred.

**\*Label all clothing prior to admission.**

*Alpine Fireside*  *Health Center*

*"Family Taking Care of Family"*

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