

FIRESIDE TIMES

3650 North Alpine Rd * Rockford, IL * Phone (815) 877-7408 * Fax (815) 877-9818

Happy Birthday to....

We will be having our monthly birthday party on Wednesday November 6th at 3:00 in the dining room. Everyone is invited to attend!

Florence G.	November 4 th
Anton S.	November 16 th
Madaline J.	November 19 th
Emily G.	November 19 th
Phyllis B.	November 26 th
Gerald H.	November 28 th

Birthstone: Yellow Topaz
Flower: Chrysanthemum

Dates to Remember..
November 3rd
Daylight Savings time ends
November 11th
Veterans Day
November 28th
Thanksgiving Day



From the Activity Desk...



We are in the process of collecting recipes for a cook book that we will be selling at our yearly Christmas Open House on Saturday December 7th. Forms are at the front desk. Feel free to submit a few favorite recipes from different categories, and tell us why it is special to your family! Deadline for submission will be Tuesday November 5th, help us make this the best cookbook in town!

If you would like to receive our monthly newsletter to your email just send an email to: ACTIVITY@ALPINEFIRESIDE.COM with your name and let us know you would like to be added to the mailing list.



SAVE THE DATE!

Alpine Fireside will be having its annual

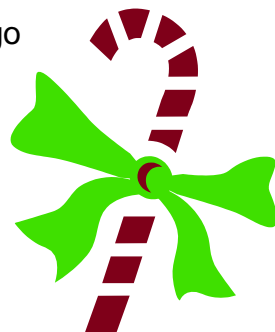
Christmas Open House Holiday Craft & Bake Sale

When: Saturday December 7th
from 2-4 P.M.

We will have lots of items on hand for sale as well as fresh baked goodies and crafts made special by our residents!

Proceeds from the event go to benefit the activity program, Refreshments will be served!

Bring the whole family!



Room at the Inn....

We are happy to announce that the Rockford Residence Inn is participating in the "Room in the Inn" program. This program offers one free night hotel stay to those visiting loved ones in area hospitals, nursing homes and treatment centers on Thanksgiving and Christmas Eve.

For reservations they ask that you contact the front desk at (815) 227-0013 and mention this as a Room in the Inn Reservation. Also included with your room is a complimentary hot breakfast buffet. You can visit the website for a complete listing of all the participating hotels at: www.tmihospitality.com



MANAGERS

Gordon Oksnevad,
Administrator

Audra Johnson,
Director of Nursing

Star McClintock,
Assistant Director of Nursing

Michelle Cruden,
Director of
Admissions/Marketing

Krissy Frank,
Director of Social Services

Kim Klinger,
Director of Activities

Peter Daugherty,
Dietary Manager

Connie Reinert,
Care Plans Coordinator

Fiona Okoroti,
Medicare Nurse

Darija Kostovski,
Office Manager

Bill Hellyer,
Director of Rehab

Jessica Frye,
Human Resources

Ketut Setiawan,
Director of Environmental

Food, Friends & Family

November is always the time of year for wonderful smells from our kitchens, giving thanks for the many blessings in our lives and taking the time to spend with those we love. We hope you take the time to come out for one of our socials this month!

Wednesday November 6th at 3:00 P.M Wine & Cheese Social

Come and enjoy a little of the bubbly and assorted cheeses!

Wednesday November 20th at 3:00 P.M Birthday Celebration

Come on out and help us celebrate all of our friends with November birthdays!

Friday November 22nd at 2:30 P.M Pumpkin Treat Social

We will be sampling a delicious pumpkin treat!

Good for the soul...



We are happy to announce that starting in November, we will be adding Wednesday evening church services to our Calendar starting November 6th Services will be held in our Lobby every Wednesday from 6:30 – 7:30 P.M with Elder Clay Bethuy from Rockford Community Church officiating! Please help him and his ministry team feel welcome!

. Well Done Works of Art

We are very excited about attendance in the arts & crafts program! Many of you are coming out to join us and it is nice to see many of your projects on display in your rooms!

If you haven't had a chance to attend I encourage you to give it a try! It's a wonderful opportunity to socialize and utilize our creativity!

Upcoming dates for Arts & Crafts

Saturday November 2nd at 10:00 A.M
Watercolor class



Tuesday November 5th at 2:30 P.M
Crafts with Kim

Tuesday November 12th at 2:30 P.M
Crafts with Kim



Tuesday November 19th 2:30 P.M
Flower arranging with Becky from Enders Flowers

Tuesday November 26th 3:00 P.M

Cookie Mix Mason Jars

These crafty little creations will be sold at our Open House, our local Girlscout troop will be joining us for this craft to help out in the fun!



News from Para transit

Many of our residents and family depend on public transportation to get them where they need to go. You are encouraged to make your reservation up to two weeks in advance, but no later than the day before your trip. When making a reservation, we prefer you schedule a time for your return trip.

Thanks giving Day: NO SERVICE

Christmas Eve: REGULAR ROUTES

Christmas Day: NO SERVICE

New Years Eve: REGULAR ROUTES

New Years Day: NO SERVICE

When making a reservation, call 815-961-9000 and please be ready to provide:

- 1) Riders name
- 2) The date you want to be picked up at your point of origin
- 3) Your pick-up address
- 4) Where you will be going
- 5) Destination time
- 6) Return time
- 7) Telephone number of your destination
- 8) Time you want to be picked up for your return
- 9) Whether you use a wheelchair or other mobility devices
- 10) If a personal assistant will be riding with
- 11) Whether a companion will be riding with you at a charge of \$3.00 per trip
- 12) Infant seats must be provided by the eligible customers for children under the age of four.

To cancel a reservation, please call 815.961.2255 (961-0072 TTY). Rockford ParaTransit would appreciate at least a 24 hour notice, but, please no later than 2 hours before your scheduled trip

For your Health....



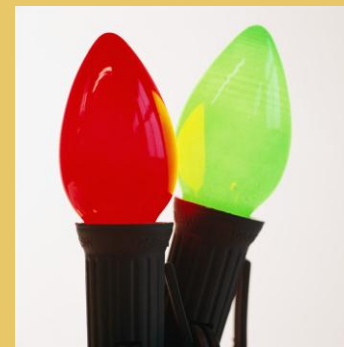
Attention Friends and Family, as we enter the cold weather season more people will begin to experience cough/cold symptoms as well as nausea/vomiting/diarrhea.

In an effort to protect our residents from these illnesses, we are asking that you postpone your visits if you are not feeling well or exhibiting any of the symptoms mentioned above. Even if you have only been a caregiver for someone with these symptoms, you could very well be carrying the germs that cause the illness.

We ask that you remember to wash your hands well and often. We have bactericidal gel available for your use in many locations throughout our facility, the first of many spots being at our front desk to use as you are entering, or just as your leaving.

We would like to thank you in advance for your cooperation in helping minimize resident exposure to common cold weather illness.

In the community...



Alpine Fireside will once again be participating in the 16th annual "LIGHT UP THE PARKS HOLIDAY PARADE" on Sunday November 24th in Loves Park.

We will have staff and residents travelling the parade route in our decorated bus! The parade begins at 5:00 travelling North on Elm Ave to Roosevelt Rd ending as it crosses N Second, so dress warm and come on out to see us!

Note from Admissions...

Please note, contracts were mailed out at the end of August. They all needed to be signed and returned by October 1st, 2013. We are still waiting on a few to be turned in. If you have not done so already, we need those brought in immediately. If you have had a change of address you must notify us within 7 days of your move.

Please know that I am available to answer any questions you may have. I can be reached at the following number:

Michelle Cruden
Director of Admissions
Phone: (815) 985-6536
E-fax: (815) 847-7228
E-mail: admission@alpinefireside.com

To have the Calendar and Newsletter emailed to you just send a request to: Activity@Alpinefireside.com

You can always visit us on the web at: www.Alpinefireside.com

Thanksgiving Dinner

Many family members will be taking their loved one home for the holiday. We ask that if you are planning on bringing your family member home that you inform us ahead of time by signing the sheet that will be on the front counter.



For the family members that plan on dining here that day, there will be a charge of \$15 for the meal per person (Spouses dine free) and we ask that you add your name to the sheet at the front counter as well.

We hope everyone has a safe holiday season!