

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2013

## ALPINE FIRESIDE HEALTH CENTER

9:30 Stay Fit  
10:30 Sevens  
2:00 Movie & Popcorn  
7:00 Pokeno



9:30 Stay Fit  
10:00 Watercolor class  
2:00 Send A Card  
3:30 Quarter Bingo  
7:00 Uno

9:30 Stay Fit  
10:15 St Bridgets  
Communion  
10:30 Sevens  
2:00 Trivia  
3:30 Church w/Deryk  
4:00 Uno  
7:00 Bingo

9:30 Stay Fit  
10:30 Pokeno  
2:00 Make A Bracelet  
3:00 Bags  
7:00 Dice Game



9:30 Stay Fit  
10:00 Sevens with Bill  
1:30 Chair Tai Chi  
2:30 Crafts w/Kim  
7:00 Bingo

9:30 Stay Fit  
10:30 Pokeno  
2:00 Bobbie Edler  
3:00 Wine & Cheese  
Social  
6:30 Church Service



9:30 Stay Fit  
10:00 Bible Study  
w/Sharon  
1:30 Chair Tai Chi  
2:00 Sevens  
7:00 Dice Game

9:30 Stay Fit  
10:30 Pokeno  
2:00 Uno  
3:00 Nail Spa  
7:00 Bingo

9:30 Stay Fit  
10:30 Sevens  
2:00 Pastel Coloring  
3:30 Quarter Bingo  
7:00 Dice Game



Daylight Saving Time Ends

9:30 Stay Fit  
10:15 St Bridgets  
Communion  
10:30 Sevens  
3:30 Church  
w/Firstborn Ministries  
4:00 Giant Crossword  
7:00 Pokeno

9:30 Stay Fit  
10:30 Bowling  
1:30 Salvation Army  
Choir  
2:30 Pizza Making  
7:00 Uno

Veterans Day (US)  
Remembrance Day (Canada)

9:30 Stay Fit  
10:00 Sevens with Bill  
1:30 Chair Tai Chi  
2:30 Crafts w/Kim  
7:00 Bingo



9:30 Stay Fit  
10:30 Dice Game  
2:00 Bill Dunham  
6:30 Church Service

9:30 Stay Fit  
10:30 Bags Game  
1:30 Chair Tai Chi  
2:30 Pokeno  
7:00 Sevens



9:30 Stay Fit  
10:30 Uno  
2:00 Movie & Popcorn  
7:00 Dice Game

9:30 Stay Fit  
10:30 Sevens  
2:00 Send A Card  
3:30 Quarter Bingo  
7:00 Pokeno

9:30 Stay Fit  
10:15 St Bridgets  
Communion  
10:30 Make A Bracelet  
3:30 Church w/Deryk  
Hayes  
4:00 Sevens  
7:00 Dice Game

9:30 Stay Fit  
10:30 Flyswatter tennis  
2:30 Pokeno  
7:00 Bingo

<b>BINGO</b>				
4	25	38	47	64
14	27	44	59	70
6	21	FREE	60	73
13	19	31	57	67
7	17	34	52	61

9:30 Stay Fit  
10:00 Sevens with Bill  
1:30 Chair Tai Chi  
2:30 Flower Arranging  
w/Becky  
3:15 Nail Spa  
7:00 Uno

9:30 Stay Fit  
10:30 Trivia  
2:00 Chip Messiner  
3:00 Birthday Party  
6:30 Church Service

9:30 Stay Fit  
10:00 Bible Study  
w/Sharon  
1:30 Chair Tai Chi  
2:30 Bingo  
7:00 Sevens



9:30 Stay Fit  
10:30 Dice Game  
2:30 Pumpkin treat  
Social  
7:00 Pokeno

9:30 Stay Fit  
10:30 Uno  
2:00 Giant Crossword  
3:30 Quarter Bingo  
7:00 Sevens

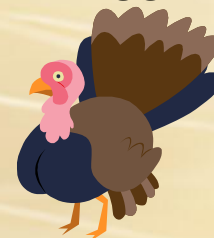
9:30 Stay Fit  
10:15 St Bridgets  
Communion  
10:30 Pokeno  
3:30 Church  
w/Firstborn Ministries  
7:00 Dice Game

9:30 Stay Fit  
10:30 Bowling  
2:00 Bill Ricky  
3:00 Bingo  
7:00 Uno

9:30 Stay Fit  
10:00 Sevens with Bill  
1:30 Chair Tai Chi  
2:00 Resident Council  
3:00 Crafts w/Kim  
7:00 Pokeno

9:30 Stay Fit  
10:30 Dice Game  
2:00 Pet Therapy  
2:30 Make A Bracelet  
6:30 Church Service

**HAPPY  
THANKSGIVING**



First Day of Hanukkah  
Thanksgiving Day (US)

9:30 Stay Fit  
10:30 Trivia  
2:30 Bingo  
7:00 Dice Game

9:30 Stay Fit  
10:30 Movie & Popcorn  
2:00 Balloon Ball  
3:30 Quarter Bingo  
7:00 Uno

